WELLBEING

SOME DAYS IN the clinic are fun – the clients are compliant and grateful, the animals improve under your care and guidance, and you go home thinking that your job is awesome. Then there are the days and encounters that leave you feeling burdened, bruised and wondering why you do it.

Veterinary work has stressors: the emotional demands, the euthanasias, feeling burdened, bruised and wondering that your job is awesome. Then there are the days and encounters that leave you feeling burdened, bruised and wondering why you do it.

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